**Team Divisions:**

5-6 Grade 6 vs 6

7-8 Grade 6 vs 6

High School Silver 6 vs 6

High School Black 6 vs 6

**Roster Limits:**

5-6 Grade: Minimum – 12/ Maximum – 15

7-8 Grade: Minimum – 12 / Maximum – 15

High School Silver: Minimum – 12 / Maximum – 15

High School Black: Minimum - 12 /Maximum: 15

**Equipment Needed:**

* Helmet, stick, mouthpiece, arm pads, lacrosse shoulder pads, cleats and gloves
* Indoor league permits short sticks only

**Goal Size:**

* Regulation 6’ x 6’

**General Rules**

* Every player must be fully equipped with regulation equipment.
* First team listed on the schedule is the home team
* Teams must be ready to start at the scheduled time
* Home teams will wear white or light color
* Game clock will begin at scheduled time. Game clock is running time.
* Coaches and players will be held responsible for cleaning the bench area after games.
* Only players on the roster will be allowed to play on the game unless otherwise noted by the league director
* Players must be wearing a league jersey to participate
* Each team must have a fully equipped goalie to begin a game. There will be goalie equipment supplied for teams whose goalies do not show. A goalie must be present or chosen from the roster before play can begin.
* Each team may have max 15 players including a goalie. If the roster is not full, players who signed individually will be placed on a team until the roster is filled.

**GAME RULES**

* Checking - - No more than 1 step body checks permitted. All will be assessed a 2 minute penalty, along with being sent off the field. If the penalty occurs with than 2 minutes left in the game, the penalty will carry over into the next game. This is to be documented.
* Games begin with a face-off. One player in the offensive zone, one in the defensive zone, one face off player and a player on each wing. One goalie will be in goal.
* There will be six players on the field at one time, 5 short stick runners and one goalie.
* After each goal, the goalie is awarded the ball free and clear
* OVER and BACK – one the ball crosses into the offensive zone, it cannot cross back over the midfield unless there is a change in possession.
  + If the defensive player intentionally slaps, kicks or throws the ball over the midline, there will be a delay of game call by the referee and the ball will be awarded back to the offensive team.
* Anytime the ball hits the ceiling or the surrounding nets, it is out of bounds and possession is awarded to the other team.
* Offsides -All players must be in or touch up in their defensive zone once their team gains possession of the ball. This is only in effect when you gain possession in your defensive zone.
* Fighting will not be tolerated. Any player involved in a fight will be dismissed from the league with no refund. Players will not be permitted to play for the remainder of the season.
* Half-time duration is 5 minutes
* All penalties are running time served, 1 minute/2 minute and non-releasable.
* Penalty time will begin when the penalized player reaches the penalty box.

**Please remember that we are here for the youth to have fun and learn lessons in teamwork and fair play. Any coach, player or spectator using abusive language toward a referee, another coach, spectator or player will be warned once. The second time, the coach, player or spectator will be escorted from the facility and not allowed to play in, coach or attend the next game. A third offense will be treated case by case by the Director and may include a one season or one year ban from all BJES Sports Programs. Referees behaving inappropriately will be reprimanded by the Director.**

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