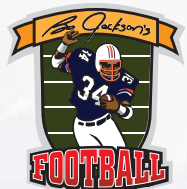




At Cangelosi Baseball our mission is to instill a love and respect for the game of baseball by providing the highest quality training facilities and professional instruction. Our staff has the credentials, knowledge and passion to help each player achieve his/her greatest potential, and the understanding of how to guide that player to the next level.



The BJES Fastpitch mission is to truly develop players inside and out by providing year round training and programming by professional instructors. The use of a state-of-the-art facility adds to create the perfect recipe for advanced softball training. We are committed to teach and inspire each player to prepare both physically and mentally to reach their individual goals.



The Bo Jackson Football program is designed to train and educate football players of all ages and skill levels. We believe the game should be fun, regardless of age. We also understand that as an athlete progresses to the high school and collegiate levels, the competition also increases. Our programs are tailored to the age of our athletes and the level of expectation associated.



Bo Jackson's Elite Sports Soccer Program is designed to foster skill development in a fun and challenging environment. We provide programs for all levels with a focus on improving each player to reach their highest potential. Our training programs are designed to improve technique and field awareness by providing quality repetitions to become more comfortable with the ball and be more confident soccer players.



The BJES lacrosse program offers professional coaching and instruction for athletes of all ages and aptitude. Beginning with lacrosse basics and fundamentals, we work to develop skill and growth through individual training and apply the acquired techniques in a team/game setting. Leagues and clinics are offered in the off season for further development.



The importance of developing a Bigger, Stronger and Faster athlete cannot be understated. Research has shown cross training, muscle confusion and functional training are the best ways for our young athletes to safely improve their athleticism.

## — BO JACKSON'S ELITE SPORTS — **MEMBERSHIP**

**NO TRAIN  
NO GAIN**

Bo Jackson's Elite Sports (BJES) is renowned as one of the leading indoor sports training centers in the country. As an air-supported structure we offer 114,000 square feet of unique training space for athletes, with clear spans and 75' high ceilings. BJES allows training opportunities for turf sport teams (baseball/softball, football, soccer, and lacrosse) as well as to individual athletes, of any sport, who desire to improve athleticism and personal leadership skills. BJES is home to Cangelosi Baseball, Bo Jackson's Football, Blast Softball, and B.S.F. Sports Performance. Our team has developed an extraordinary model for player development that is delivered to athletes by our professional staff of coaches.

At BJES we are dedicated to "Training Athletes Inside Out" which speaks to our training philosophy to not only provide skill training, but also develop the whole athlete. From a training standpoint, we are rooted in the belief that developing athletes to be "Bigger, Stronger, Faster" gives them a competitive edge. We believe "there is an elite performer in all of us" and we are committed to helping each athlete realize his/her path to excellence.



[www.bjesColumbus.com](http://www.bjesColumbus.com)



## B.S.F. PERFORMANCE

### SMALL GROUP TRAINING MEMBERSHIP

- Designed for grade school & junior High
- Two times per week B.S.F. Performance Training
- Maximum 12:1 client to coach ratio athletes

#### Small Group Monthly Fee

Individual \$75\*

Family Members \$60\*\*

\* 12 month commitment required.

\*\* Each additional family member receives 20% off the monthly membership fee. 12 month commitment.

**Single Time Drop In Rate - \$25**



### SEMI PRIVATE TRAINING MEMBERSHIP

- Designed for junior high, high school and adults
- Private training in a semi-private environment
- Maximum 5:1 client to coach ratio
- Flexible training schedule
- Initial and quarterly 1-on-1 assessment & nutritional consult

#### Month-To-Month Membership Cost

1 Time Per Week Program	4 sessions	\$95
2 Times Per Week Program	8 sessions	\$175
3 Times Per Week Program	12 sessions	\$240
4 Times Per Week Program	16 sessions	\$295

\* Initial 3-month commitment billed on a monthly basis. Requires credit card on file.

#### 12 Month Membership Cost

1 Time Per Week Program	52 total sessions	\$65 (\$780/Year)
2 Times Per Week Program	104 total sessions	\$120 (\$1,440/Year)
3 Times Per Week Program	156 total sessions	\$170 (\$2,040/Year)
4 Plus Times Per Week Program	Unlimited	\$210 (\$2,520/Year)

\* Per week sessions may be adjusted to accommodate your schedule

\*\* 1 year contracts billed on a monthly basis. Requires credit card on file.

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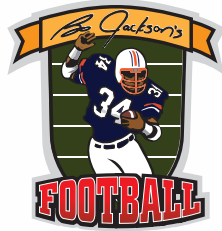
# FOOTBALL, SOCCER, LACROSSE

## ELITE MEMBERSHIP

- Ten hours of multi-purpose field time each week
- 10% discounts on all private lessons, camps, and clinics
- 15% off of all B.S.F. memberships
- Includes 10 hours per week of designated climb time on "The Gauntlet"
- Membership Dri-Fit Tshirt

### Elite Membership Monthly Fee

Individual	2 Siblings	Family
\$85	\$135	\$165



**GET AN EDGE**

The Bo Dome was designed and built to create opportunities for athletes to train year-round in a world-class training facility. Our belief is that players from warm weather states are not born with more talent, but rather they are able to work on their game year round. The unique space of the Bo Dome allows athletes to simulate more realistic game conditions and take their game to another level. At BJES we are committed to being a leader in the sports world as an educator of players, parents, and coaches. We are fortunate to have a vast network of people who have played and coached at the highest level, and we continually challenge our instructors to stay on the forefront of player development. Our staff is comprised of coaches who not only have outstanding credentials, but more importantly relate to players with energy and an intention to make a difference in each player. We are dedicated to preparing players to be their best on the field and in life!



## 12 MONTH MEMBERSHIP

1 year contracts billed monthly. All memberships are automatically renewed on an annual basis unless canceled by member.

**SET YOUR GOALS HIGH, AND DON'T STOP TILL YOU GET THERE.**  
-BO JACKSON



# BASEBALL & SOFTBALL

## CAGE MEMBERSHIP

- Unlimited batting cage use including Iron Mike machine
- 24 hour advanced booking suggested
  - Walk-ins based on availability
  - 1/2 hour sessions

### Cage Membership Monthly Fee

Individual	2 Siblings	Family
\$75	\$110	\$130

## ELITE MEMBERSHIP

### BATTING CAGES

- Unlimited batting cage use including Iron Mike machine
- 24 hour advanced booking suggested
  - Walk-ins based on availability
  - 1/2 hour sessions

### PROFESSIONAL INFIELD USE NOV - MAY:

- Members may use the infield Mon - Fri from 4p - 6p
- An instructor will be provided from 5p - 6p

### PROFESSIONAL INFIELD USE JUN - OCT:

- There is much more availability on the field. Members may use as available.

### ADDITIONAL BENEFITS

- 15% off of all B.S.F. memberships
- 10% discount on camps & clinics
- 10% off private lessons
- Includes 10 hours per week of designated climb time on "The Gauntlet"
- Membership Dri-Fit Tshirt

### Elite Membership Monthly Fee

Individual	2 Siblings	Family
\$110	\$175	\$200

**OUR MISSION IS TO INSTILL A LOVE AND RESPECT FOR THE GAME BY PROVIDING THE HIGHEST QUALITY TRAINING FACILITIES AND PROFESSIONAL INSTRUCTION.**



## 12 MONTH MEMBERSHIPS

**1 year contracts billed monthly. All memberships are automatically renewed on an annual basis unless canceled by member.**



## ELITE PLUS MEMBERSHIP

**ALL OF THE SAME BENEFITS OF THE ELITE MEMBERSHIP PLUS 24 WEEKS OF PLAYER DEVELOPMENT PROGRAMS. CHOOSE 3 OF OUR 4 YEAR ROUND PROGRAMS:**

### FALL BALL

- Sept - Oct - 8 week program
- Elite Plus Members receive a \$300 credit towards the fall program of their choice.

### WINTER HITTING LEAGUE

Nov - Dec - 8 week program

### CACTUS LEAGUE

Jan - Feb - 8 week program

### SPRING TRAINING

Mar - Apr - 8 week program

### Elite Plus Membership Monthly Fee

Individual	2 Siblings	Family
\$165	\$275	\$375



**www.bjesColumbus.com**

(614) 528-4555 • 4696 Cosgray Rd, Hilliard, OH 43026