

# BO JACKSON ELITE



Founded in 2016, Bo Jackson Elite has become one of the premier travel baseball organizations in the Midwest. The goal of our organization is to blend competition with player development. Our mission as a travel baseball Organization is to prepare each player for the "next level" of their baseball career. In our first four graduating classes (2018-2021), Bo Jackson Elite has had 100+ players commit to play at the collegiate level.

## MEMBERSHIP

All players receive an **Elite Membership** (\$1,320 value), which includes:

- Unlimited field, cage and mound access at the Bo Jackson's Elite Sports facility during member time: Monday-Thursday, 4pm-6pm
- Additional field, cage and mound access at the Bo Jackson's Elite Sports facility during operating hours, upon availability
- **10%** discount on camps, clinics and private lessons
- **10%** off all sports performance memberships + **50%** off for each additional sibling

## FLEX SPENDING PACKAGE

Each player will be given a credit of **\$168** to be used towards skill-development programs and/or private lessons at Bo Jackson's Elite Sports.

## OFFSEASON TRAINING

**November - March, 1x** per week (21 sessions)

- 2 hour sessions – players train position specific (not with their team): 1 hour of hitting and/or pitching and 1 hour of defensive work.
- Staffing will include 2 instructors on the infield, 3 instructors in the cages, and 1 pitching instructor.

## GAME SCHEDULE

- 8-9 Spring/Summer Tournaments

**Team members 12U-18U are provided Monday & Wednesday Recovery and Sport Performance training time focused specifically on baseball injury prevention and optimal performance sustainment. Individuals will be taught foam rolling, self-massage, mobility and stability exercises, and strength and conditioning concepts to aid in their physical development.**

## RECRUITING ASSISTANCE

- Bo Jackson Elite is committed to assisting every player and family in finding the best college fit.
- Extensive Bo Jackson Elite regional and national network at all levels of college baseball.

## ROSTER

Teams are based on **14** players

## SPORTS MEDICINE/PHYSICAL THERAPY

- Bo Jackson's Elite Sports is proud to partner with **The Ohio State University Wexner Medical Center Sports Medicine** team. OSU is a permanent tenant at Bo Jackson's Elite Sports.
- Training room hours will be provided by Ohio State University athletic trainers for players who need assessed, iced, wrapped, etc.

## VIRTUAL COMBINE

Virtual Combine gives Bo Jackson Elite players and staff a platform to track and house performance and strength data. The platform also helps Bo Jackson Elite staff promote athletes through social media more efficiently and send validated information to college coaches/scouts as players become recruitable athletes.

## OTHER TEAM MEMBER BENEFITS

- All players 13U & up will receive a prescreening assessment provided by The Ohio State University Wexner Medical Center Sports Medicine team.
- All team members receive a discount on:
  - Phoenix Bats
  - Vukgripz Bat Grips

## UNIFORM PACKAGE

- A team store will be provided to order Nike uniforms & equipment needs.
- Each player will receive a Dri-Fit practice shirt & team hat.

## PLAYER FEE

Payment terms: \$545 deposit (non-refundable), 9 payments of \$250 beginning on October 1st



# 14U



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