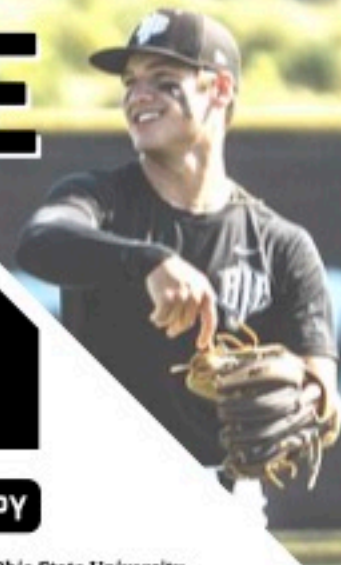


# BO JACKSON ELITE



Founded in 2016, Bo Jackson Elite has become one of the premier travel baseball organizations in the Midwest. The goal of our organization is to blend competition with player development. Our mission as a travel baseball Organization is to prepare each player for the 'next level' of their baseball career. In our first four graduating classes (2018-2022), Bo Jackson Elite has had 150+ players commit to play at the collegiate level.

## MEMBERSHIP

All players receive an **Elite Membership** (\$1,320 value), which includes:

- Unlimited field, cage and mound access at the Bo Jackson's Elite Sports facility during member time: Monday-Thursday, 4pm-6pm
- Additional field, cage and mound access at the Bo Jackson's Elite Sports facility during operating hours, upon availability
- **10%** discount on camps, clinics and private lessons
- **10%** off all sports performance memberships + **50%** off for each additional sibling

## FLEX SPENDING PACKAGE

Each player will be given a credit of **\$168** to be used towards skill-development programs and/or private lessons at Bo Jackson's Elite Sports.

## OFFSEASON TRAINING

**November - April, 2x per week (23 sessions)**

- **Practice #1** of the week will consist of three 40-minute rotations consisting of:
  - Hitting/pitching in (3) cages and (1) mound with a **BJES baseball instructor**
  - Defensive work and baserunning on the baseball field with a **BJES baseball instructor**
  - Team skill-work/classroom time
- **Practice #2** of the week will consist of three 40-minute rotations, run by the team's coaching staff, consisting of:
  - Hitting/pitching in (3) cages and (1) mound
  - Defensive work and baserunning on the baseball field
  - Team skill-work/classroom time

## IN-SEASON/GAME SCHEDULE

- **8-10** Spring/Summer Tournaments (appropriate level competition)
- League Games (depending on team)
- Practices based around game/tournament schedules

As one of the top organizations in the Midwest, Bo Jackson Elite teams have the opportunity to play in exclusive events, tournaments & round robins (such as USA Baseball Futures Invitational & national tournaments with PBR & Perfect Game). This helps us play top competition as well as prepare our players for high school baseball.

## POSITION-SPECIFIC CAMPS

Bo Jackson's Elite Sports will be offering monthly position-specific camps (January-April) for Bo Jackson Elite team members, designed to give players the chance to either learn a new position or advance their skill set at a specific position or area of the game.

## SPORTS MEDICINE/PHYSICAL THERAPY

- Bo Jackson's Elite Sports is proud to partner with **The Ohio State University Wexner Medical Center Sports Medicine** team. OSU is a permanent tenant at Bo Jackson's Elite Sports.
- Training room hours will be provided by Ohio State University athletic trainers for players who need assessed, iced, wrapped, etc.
- Team members 12U-18U are provided Monday & Wednesday Recovery and Sport Performance training time focused specifically on baseball injury prevention and optimal performance sustainment. Individuals will be taught foam rolling, self-massage, mobility and stability exercises, and strength and conditioning concepts to aid in their physical development.

## VIRTUAL COMBINE

Virtual Combine gives Bo Jackson Elite players and staff a platform to track and house performance and strength data. The platform also helps Bo Jackson Elite staff promote athletes through social media more efficiently and send validated information to college coaches/scouts as players become recruitable athletes.

## COACHING DEVELOPMENT

In an effort to provide players the best possible environment for development, Bo Jackson Elite offers coach development opportunities to all coaches (head & assistant) throughout the organization. These opportunities include both a USA Baseball Coaches clinic and an in-house coaches clinic, as well as multiple small-group/roundtable discussions.

## OTHER TEAM MEMBER BENEFITS

- All players 13U & up will receive a prescreening assessment provided by The Ohio State University Wexner Medical Center Sports Medicine team.

- All team members receive a discount on:
  - Swearingen Bats
  - Vukgripz Bat Grips

\*Codes provided upon finalization of rosters

## UNIFORM PACKAGE

- Each player will receive a Dri-Fit practice shirt & game hat.
- A team store will be provided to order game uniforms & equipment needs.

## ROSTER

Teams are based on 12-13 players

## PLAYER FEE

Payment terms: \$630 deposit (non-refundable),  
9 payments of \$265 beginning on October 1st



# 2023

# 12U-13U

